

## Health Insurance Requirements for J-1 and J-2 Exchange Visitors

Federal regulations make health insurance a condition of the J-1 Exchange Visitor status in the U.S. and specify the types and levels of coverage. I understand that, at a minimum, my health insurance (and the health insurance for my J-2 dependents) must meet the following criteria:

- Medical benefits of at least \$100,000 per accident or illness
- Repatriation of remains in the amount of \$25,000
- Expenses associated with the medical evacuation of the exchange visitor to his or her home country in the amount of \$50,000
- A deductible that does not to exceed \$500 per accident or illness.
- Coverage for pre-existing conditions after a reasonable waiting period (6 months or less)
- Underwriting by an insurance corporation with an A.M. Best rating of "A-" or above, an Insurance Solvency International, Ltd. (ISI) rating of "A-I" or above, a Standard and Poor's Claims Paying Ability rating of "A-" or above, or a Weiss Research, Inc. rating of B+ or above

By signing below I acknowledge that it is my responsibility to maintain health insurance coverage that meets or exceeds the U.S. Department of State's regulations for J-1 and J-2 exchange visitors. I will provide ISSS with proof of adequate health insurance coverage for myself and my J-2 dependents and will update ISSS of any changes to my, or my J-2 dependent family members', insurance coverage. Furthermore, I understand that J-1 visitors and their J-2 dependents are required to maintain the appropriate health insurance coverage throughout the entire duration of the J-1 program, including any period of time spent outside of the U.S. **Willful failure to comply with this regulation will result in my termination from the J-1 exchange visitor program.**

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Print name

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Signature

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Date